



## **Shelby City Health Department 2015 Annual Report**

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## **A Message from the Health Commissioner**

Dear City of Shelby Residents,

It is my pleasure to share our health department's annual report for the 2015 year. Our department and its dedicated employees continue to make strides to provide public health services to all age groups. This annual report gives me the opportunity to share some of the accomplishments and challenges that we experience on a day-to-day basis.

The year 2015 was once again challenging for our local health department because of personnel and contractual changes that were made, but through this we were able to continue to provide much needed public health services. Our Environmental Health division continued to meet inspection deadlines in all mandated programs while trying to implement and inform residents about the new sewage laws that went into effect on January 1, 2015. Our contracted services with RPH for immunization clinics were needed and successful. Our administrative asst./LPN attended health fairs and special events to promote public health to our community. Collaborations continue to flourish with area partners to Create Healthy Communities and improve mental/social health emergency response efforts.

We were able to utilize social media, and newspapers to promote health education. We continue to promote vaccinations as the cheapest and most effective method to control communicable diseases. Our health department will march on to 2016 with new ideas, more programs, more presence in community and guidance from our Mayor – Mr. Steven Schag to continue to meet new challenges.

I welcome your ideas and suggestions and give you the opportunity to become more involved in improving the health status of our community.

Sincerely,

Ajay Chawla MD FACP



## **Shelby City Health Department Mission, Vision and Values**

### **Mission**

To protect, promote and improve the health of our citizens through integrated state, county, & community efforts.

### **Vision**

To be one of the Healthiest cities in the state of Ohio

### **Values**

Promoting health by Innovation, Collaboration, Accountability, Responsiveness and Excellence





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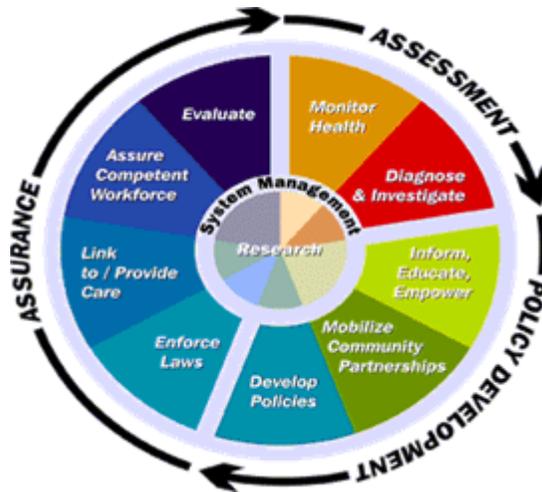
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## 10 Essential Public Health Services



The Essential Public Health Services describe the public health activities that should be undertaken in all communities. These essential services are defined by the National Public Health Performance Standards Program (NPHSP) and include the following 10 services:

1. Monitor health status to identify and solve community health problems.
2. Diagnose and investigate health problems and health hazards in the community.
3. Inform, educate, and empower people about health issues.
4. Mobilize community partnerships and action to identify and solve health problems.
5. Develop policies and plans that support individual and community health efforts.
6. Enforce laws and regulations that protect health and ensure safety.
7. Link people to needed personal health services and assure the provision of health care when otherwise unavailable.
8. Assure competent public and personal health care workforce.
9. Evaluate effectiveness, accessibility, and quality of personal and population-based health services.
10. Research for new insights and innovative solutions to health problems.



## Departments & Services

### Environmental Public Health

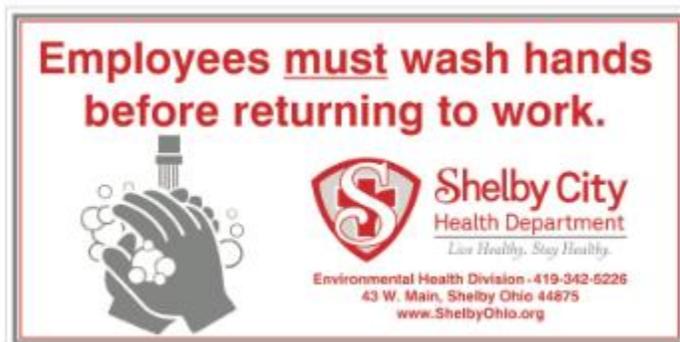
The Environmental Public Health staff consists of two part time sanitarians and an administrative assistant who provide inspection, education, and enforcement of environmental laws and rules. Specific environmental programs that are covered by the staff include Food Safety, Public Health Nuisance Abatement, Rabies Control, Body Art Businesses, Public Swimming Pools, Manufactured Home Parks, School Environment, Smoke-Free Workplace, Household Sewage Treatment Systems, and Private Water Systems.

#### Food Safety

The food safety program is the most time consuming of all the environmental programs. Food Service Operations and Retail Food Establishments continue to upgrade their equipment and facilities with encouragement from the health department. Since 2006, significant improvements can be seen throughout the community.

More emphasis was placed on the education of the “person-in-charge” during inspections. All operators should have an employee health policy in place and know critical food handling requirements. Inspecting staff received training in inspection procedure from the Ohio Department of Agriculture and the Ohio Department of Health in the classroom concerning Food Code law changes effective March, 2016.

A great way to prevent disease/illness can really be as simple as proper hand washing.





### Public Health Nuisance Abatement

The Health Department received sixty six (69) public health nuisance complaints in 2015. This was a slight increase from 2014. A total of 141 investigations, site visits, and follow-up inspections were performed.



Most of the complaints were solid waste/garbage issues that were either abated or dismissed through working with property owners, enforcing nuisance abatement regulations, and/or public education.

### Rabies Control

There were 30 animal bites in 2015 which was an increase from the previous year. There were 19 dog bites and 11 cat bites. Following a reported animal bite, SCHD works with



animal owners to ensure their pets are properly vaccinated against rabies to prevent disease transmission.

### Body Art Businesses

There were no approved Tattoo and Body Art Businesses in 2015. Updated state rules became effective September 1, 2014.

### Public Swimming Pools

There were 6 inspections at the 3 licensed swimming pools in our city. In addition, pool operators were sent an educational newsletter quarterly.





### Manufactured Home Parks

Our department has a memorandum of understanding with the Ohio Manufactured Homes Commission to conduct inspections at the four (4) licensed manufactured home parks within the city of Shelby. Inspections are completed once per year by our department and reimbursed by OMHC. All violations that are observed and/or written in an inspection report may **ONLY** be enforced by the Ohio Manufactured Homes Commission.

### School Environment



The school facilities continue to be inspected twice a year as required by Ohio law. Recommendations are made and corrections are made as the school's budget allows for it. Ohio Department of Health continues to encourage all schools to implement programs within the school's administration to create sustainable school environmental health in Ohio.

### Sewage Treatment Systems

New statewide household sewage treatment system rules went into effect January 1, 2015. The Environmental Public Health staff spent a lot of time planning for the implementation of the Operation and Maintenance program for the City of Shelby residents who have their own sewage treatment systems. We had a stakeholder's meeting in April, 2015 to obtain input and answer questions, and we developed an educational newsletter explaining the timeline of events for the O&M permits to begin.



### Private Water Systems

Our department received two water hauler registrations and performed two inspections of the trucks for safety and sanitation standards. No water systems were permitted and no water samples were taken in 2015.



### Smoke-Free Workplace Law

Our department continues to investigate complaints called into the Ohio Smoke-Free Workplace complaint line, 1-866-559-6446.



In 2015, we investigated 4 complaints.

The law states a proprietor must take reasonable steps to prohibit smoking including, but not limited to, asking people to quit smoking when people are smoking in your establishment.



### Policies and Procedures

The Environmental Public Health Policy and Procedure Manual is a part of continuous quality improvement as our staff reviews and makes updates as needed. Environmental health staff makes great efforts to enforce laws and regulations that protect health and ensure safety.

### **Health Promotion/Education**

Health Promotion and Education is an informational link to the community and the media. Services include programs on risk reduction and healthy lifestyles, health screenings for public and private employees, resource materials on public health topics.

### Ohio Department of Agriculture-Food Recalls

City periodically informs the residents about recalls and has active website to link food recalls to prevent food borne illnesses. Please visit <http://www.shelbyohio.org/health.html>

### Chronic disease management

Our department regularly posts health articles about healthy eating, exercise, and tobacco cessation to remind our valued community that all of those items will make a difference in managing obesity, diabetes, heart disease, and cancer. Through continuous quality improvement, we will strive to improve chronic disease management outreach to the community through our website, social media and our local newspaper.



### Tobacco programs

The Ohio Tobacco Quit Line is now housed at the Ohio Department of Health and continues to provide assistance to smokers who want to kick the tobacco habit. Tobacco counselors are available to help from 9 a.m. to 11 p.m. Monday-Friday and from 10 a.m. to 6:30 p.m. Saturdays and Sundays. Soon-to-be-former smokers can also leave a message 24 hours a day and request a time for a call back that is convenient for them.

Service is available in 150 languages and TTY service is available for the deaf and hard of hearing at 1-888-229-2182. Smokers who want to quit are much more successful when they take advantage of services such as the Ohio Tobacco Quit Line. Indeed, only 5 percent of those who try to quit smoking cold turkey are successful, compared to 22 percent who use the quit line.



### Cancer Awareness program

Health Department is actively collaborates with non-governmental agencies to promote awareness of breast cancer and participates in local fundraisers.

### **Public Health Nursing**

The Shelby City Health Department contracts with Richland Public Health to provide public health nursing services in Shelby.

Millions of people have benefited from vaccines for more than two centuries. The history of vaccines and immunization began in the 1790's with the creation of the world's first vaccine for smallpox. Public health professionals and the World Health Organization (WHO) rank immunization in the top ten health achievements of the past century. Vaccines protect infants, children, and adults from the unnecessary harm and premature death caused by a number of severe communicable diseases. Vaccinating is the single most effective communicable disease prevention strategy.



The goal of the vaccination program is to eliminate vaccine preventable illnesses through immunizations. In 2015, a total of 300 children/adults were immunized at the health department.

It is also important for adults to receive recommended doses of vaccine throughout their adult life. The Shelby City Health Department in collaboration with Richland Public Health offers Hepatitis A, Hepatitis B, Tetanus/diphtheria (Td), Tetanus/diphtheria/pertussis (Tdap), Measles/Mumps/rubella(MMR), Seasonal Influenza and Shingles vaccines to adults for a fee or paid by their insurance plans.

Blood Pressure Screenings are offered at the Shelby City Health Department and every first Monday of the month at Marvin Memorial Library. Approximately 112 blood pressure checks were given in 2015.

#### Communicable Disease Control

Shelby City Health Department contracts with Richland Public Health for epidemiology provisions. We work closely with RPH and the Ohio Disease Reporting System to identify, assess, and control the presence and/or spread of communicable disease in the city of Shelby. Currently, there are 98 communicable diseases that must be reported to the local county health department. Reports are submitted by laboratories, hospitals, physicians and other health care providers.

When a communicable disease is reported in an individual, group, or cluster, the Shelby City Health Department conducts a case and outbreak investigation within strict timelines.



The Shelby City Health Department reported 60 individual cases of reportable communicable disease to Ohio Department of health. Hepatitis C cases continue to rise not only in Shelby, but also across the nation. The main causative factor is the increase in intravenous drug usage and sharing of drug paraphernalia.

### **Public Health Preparedness**

The Shelby City Health Department is a sub-grantee with RPH in the Public Health Emergency Preparedness (PHEP) Grant. The NECO coordinator serves as the planning and training liaison between the health department and other county emergency response agencies. The coordinator assists the health department in preparing for the possible effects of a manmade or naturally occurring disaster, such as hurricanes, influenza pandemics, and bio-terrorism events through training and exercises.



The coordinator regularly conducts training exercises to test the viability of the health department's plans and ability to protect the public health.

### **Vital Statistics**

The Vital Statistics division of the Shelby Health Department may issue certificates of all births in the State of Ohio.

Death Certificates are available from 1908.

City of Shelby death records before those dates are kept at

the Richland County Probate Courthouse in Mansfield, OH.





Deaths Certificates must be obtained in the city, county or state that the death occurred in. All original Ohio birth and death certificates are permanently placed on file at the Ohio Department of health in Columbus. Their web site is [www.odh.ohio.gov/vs](http://www.odh.ohio.gov/vs).

There were 85 deaths and 169 births for 2015 reported by the Shelby City Health Department. Certified copies of certificates are available at Shelby City Health Department in city hall.

Another service provided by the Vital Statistics division is acknowledgement of paternity affidavits. The completion of paternity affidavits is voluntary and acknowledges that a parent and child relationship exists. The affidavit places responsibility for support of the child on the parent. The Vital Statistics Department also issues burial-transit permits to area funeral directors.

### **Budget and Finance**

The 2015 Shelby City Health Department annual budget was approximately \$500,000. The health department receives financial resources from two health levies generating about \$219,000.

Other sources of income are Vital Statistics fees and environmental contractual and licensing fees. The health department revenues support the delivery of the various services and programs including, community health, environmental health, immunizations, administration, vital statistics, public health nursing services for communicable disease and public health preparedness.

### **Technology**

The Shelby City Health Department incorporates modern technology systems to administer most of its programs. Most of our records are kept electronically for less waste & easy retrieval. It is our goal to continue to move toward more electronic filing in the future.





The Environmental Health division is now using HealthSpace for intake of all complaints, animal bite reports, food safety inspections and swimming pool inspections. The Ohio Department of Health awarded HealthSpace, USA a contract for the Environmental Health Data System Integration project for Ohio. ODH purchased 500 user licenses and offered them to LHD's. It is an integrated system that handles all data, and the records/documents are viewed in a logical treed structure. It allows for laptop/tablet mobile data collection, simultaneous data input from all users, and it is web-based. It has standardized data entry forms and state specific print forms.

The health department maintains a Facebook account to connect the community to pertinent public health education information. The health department also regularly places health articles and information in the Shelby Globe to reach the community.

### **Challenges**

While the Shelby City Health Department spreads its wings for 2016, the challenges remain at the local and national level. Public health remains under-funded and depends on tax dollars. For each dollar spend on public health, society saves 12 dollars on tertiary care.

A new mandate for all local health departments in Ohio is to become nationally accredited. The Public Health Accreditation Board (PHAB) is the organization that develops the standards and awards accreditation. Each local health department in Ohio must apply for accreditation by 2018 and become nationally accredited by 2020. We have made changes for 2016 in the structure of our health department that will help guide us toward the goal of becoming nationally accredited, but we cannot do it alone. We need the support of the entire community and all of our partners to reach this goal.

Thank you for your past and future support. Together, we can all make Shelby a place to *Live Healthy and Stay Healthy.*